

PMR 4250 Arts, Health, and Well-being (4th Year)

Course Description: The Arts in Health program facilitates Arts, Health, and Well-Being, an elective that provides USU students with unique awareness of how engagement in the arts and creative arts therapies can foster healing environments and strengthen treatment plans. Through readings, creative arts experientials, and observations, students will learn to distinguish the scope of practice of different arts-based providers who work in the field of Arts in Health. To address provider burnout, this course is further designed to promote self-care and psychoeducation not only for the future patients of USU students, but also for the students themselves.

Prerequisites: None

Duration: 4 weeks

Hours: 5

Grading: Pass/Fail

Format: Hybrid (virtual and in-person)

Registration: Available on rolling basis