

Rotations/ clinical exposure includes:

- Outpatient clinics, WRNMMC- General PM&R, MSK Ultrasound, TBI, Amputee (6 months)
- Interventional Pain Management (1 month)
- Inpatient Amputee Rehabilitation, WRNMMC (2-3 months)
- Rheumatology, WRNMMC- (1 month)
- Sports (Naval Academy, Private outpatient Orthopedic Sports practice, Georgetown, Orthopedic Hand) (1 month)
- Radiology (Musculoskeletal and Neuroradiology)- WRNMMC (1 month)
- Spinal Cord Injury- NRH (3 months)
- Stroke- INOVA Mt Vernon, Sinai (3-4 months)
- Joint Replacement- Sinai (1 month)
- TBI- NRH (3 months)
- Electromyography- WRNMMC (6 months)
- Elective (1 month)

In outpatient clinic, residents will gain experience in injection techniques such as joint, soft-tissue, neuroma, fluoroscopic-guided, and ultrasound-guided. In addition, they will learn basic acupuncture techniques, intra-thecal baclofen programming, and EMG-guided botulinum toxin injection among others. Our clinic staff are also currently active in the regenerative medicine techniques such as platelet-rich-plasma and prolotherapy.

Inpatient experiences will prepare residents to manage complex rehabilitation patients via an interdisciplinary team, run family and team meetings, and gain expertise in specific areas such as TBI, stroke, SCI, and joint rehabilitation.