

WE NEED VOLUNTEERS

To test two ways of engaging in
“Walk and Talk Therapy” for PTSD

PROTOCOL TITLE

Computer monitor versus **A**ugmented **R**eality,
Expanding delivery of 3MDR Therapy for **P**TSD: A
Randomized Controlled Trial (CARE4PTSD Study)

WHAT TO EXPECT

- Features up to 14 weekly sessions with music and pictures you choose.
- Follow-ups at 3 & 6 months



INTERESTED? ARE YOU...

- Eligible for care within the DoD or the VA?
- Experiencing the effects of PTSD?
 - Increased anger or irritability
 - Feeling on edge or anxious
 - Nightmares or trouble sleeping
 - Avoiding going places or getting together with others

YOU MAY BE COMPENSATED FOR YOUR PARTICIPATION

(USUHS) IRB 1
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CONTACT US



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