

Psychiatric Mental Health (PMH) Specialty Specific Courses

Course Number: PMH601

Course Title: Foundations of Advanced Practice Psychiatric Nursing

Credits: 5

Course Description: This course introduces the student to the history and progression of mental health disorders by examining psychosocial, personality, and psychopathology theories as they apply to individuals with mental disorders of across the lifespan. Classroom and clinical activities provide students an opportunity to synthesize and apply psychotherapeutic theories and concepts as they develop assessment and interview skills. The introduction of standardized bio-psycho-social data collecting tools and psychiatric rating scales will provide structure for the assessment/interview process. Students will further their emersion into the development and progression of mental disorders with an overview of the classification system in the DSM-IV-TR. The culmination of these activities is designed to foster critical thinking and help students develop a broader view of mental disorder formation.

Course Number: PMH602

Course Title: Advanced Diagnosis of Mental Disorders across the Lifespan

Credits: 4

Course Description: This course builds on the assessment course providing the student with knowledge and skills to perform advanced clinical differential diagnoses and management of individuals with mental disorders using the criteria of the DSM-IV-TR. This course introduces special population with mental health needs in the military and federal health settings. Advanced critical thinking skills will be honed as the assessment process becomes more comprehensive, requiring additional data from collaborative sources (i.e. psychological tests, lab work, consultation with other providers, etc.). Students will be challenged to develop a treatment plan with interventions based on their diagnosis that include selecting a therapy mode, follow up intervals, medication recommendations, and referral management.

Course Number: PMH603

Course Title: Therapeutic Modalities

Credits: 3

Course Description: This course builds on the assessment and diagnosis and management course providing the student with knowledge and skills to perform a variety of evidenced based psychotherapeutic interventions and management across the lifespan. This course builds on the PMH 602 Diagnosis and Management Course by adding knowledge and critical thinking skills related to treatment modalities in the context of mental health needs in the military and federal health settings.

Advanced critical thinking skills will continue to be applied as the assessment and diagnosis and management process becomes more comprehensive, requiring additional data from current research and collaborative sources. Students will be challenged to develop a treatment plan with interventions based on best practices and individual treatment needs that promote preventive and secondary mental health interventions.

Course Number: PMH605

Course Title: Advanced Practice Psychiatric Nursing Specialty Practicum

Credits: 1

Course Description: This course covers “Topics in Deployment Psychology” focusing on areas that impact service members and their families to include: issues during deployment cycle, post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), sexual assault, and sleep needs. Each topic area is presented by experts in the mental health field from the Army, Navy, Air Force, and Marine perspective. Training in two therapy models effective in reducing the effects of PTSD, Prolonged Exposure Therapy (PE) and Cognitive Processing Therapy (CPT) will be offered. Student must choose one therapy model, participate in the training, and write a paper based on a case study as to how the chosen therapy would be utilized. Thus, the practicum provides the student valuable insight into the global mental health care needs and assets currently available and in practice that meet the psychological demands of our nation’s multi-service armed forces including their families.

Course Number: PMH606

Course Title: Operational Readiness for Advanced Psychiatric Practice

Credits: 5

Course Description: Military Contingency Medicine (MCM) is the capstone course in the Uniformed Services University Military Unique Curriculum. This unique curriculum is specifically designed to prepare medical and advanced practice nursing students to provide the highest quality health care for servicemen and women in austere environments. MCM augments the student’s core clinical knowledge with unique medical training that enables them to excel as a General Medical Officer (GMO) in an operational setting. This training includes a three week didactic, clinical, and lab sessions on specific medical topics that would be seen in an operational environment. Previous to the start of MCM, the students will be enrolled in Advanced Trauma Life Saving Course which they will be taught a simplified and standardized approach to trauma patients developed by American College of Surgeons. The course will culminate with a two one day field exercise “Operation BUSHMASTER”. The course is based on the adult learner model, which reinforces didactic discussion with small group practical exercises and the culminating field exercise in order to enhance retention.

Course Number: PMH607

Course Title: Treatment of Substance Abuse Disorders Across the Lifespan

Credits: 2

Course Description: This course is designed to introduce substance abuse treatment theory and provide the student with opportunities to synthesize and apply the principles of advanced practice psychiatric nursing in a substance abuse treatment facility. Under the guidance of a qualified preceptor, the student will apply principles of the advanced practice psychiatric nurse practitioner role, utilizing theoretical and experiential knowledge from all previous course work. The clinical practice requirements are based on the expected competencies for the advanced practice nurse in psychiatric mental health nursing as outlined by the American Nurses Association (2006) and the National Organization of Nurse Practitioner Faculties (2003). Clinical conference sessions are designed to assist the student to analyze multiple variables in mental health and illness and, using a problem-solving framework, to determine optimal psychiatric mental health care for individuals in

substance abuse treatment setting.

Course Number: PMH608

Course Title: Psychopharmacology I, Antidepressants and Anxiolytics Across the Lifespan for the APRN

Credits: 1

Course Description: This course is designed to provide students with the necessary psychopharmacologic content required to prepare them to function in an advanced practice role as a Family Psychiatric Mental Health Nurse Practitioner. This course builds on the core nurse practitioner pharmacology course, health assessment, physiology and pathophysiology, and mental health diagnostic content from previous courses. The focus of this course is medications used as **antidepressants and anxiolytics** specific to individuals with depression and related symptoms and anxiety disorders and the related symptoms across the lifespan. This course will challenge student critical thinking and problem solving skills as they apply psychopharmacologic principles to a wide array of chronic and acute psychiatric and medical clinical conditions. Students will learn to synthesize evidence based psychopharmacological treatment of mental health disease components related to operational, humanitarian and homeland defense health risks.

Course Number: PMH609

Course Title: Psychopharmacology II, Antipsychotics and Mood Stabilizers Across the Lifespan for the APRN

Credits: 1

Course Description: This course is designed to provide students with the necessary psychopharmacologic content required to prepare them to function in an advanced practice role as a Family Psychiatric Mental Health Nurse Practitioner. This course builds on the core nurse practitioner pharmacology course, health assessment, physiology and pathophysiology, and mental health diagnostic content from previous courses. The focus of this course is medications used as **antipsychotic and mood stabilizers** specific to individuals with Psychotic and mood related disorders across the lifespan. This course will challenge student critical thinking and problem solving skills as they apply psychopharmacologic principles to a wide array of chronic and acute psychiatric and medical clinical conditions. Students will learn to synthesize evidence based psychopharmacological treatment of mental health disease components related to operational, humanitarian and homeland defense health risks.

Course Number: PMH610

Course Title: Psychopharmacology III, Hypnotics, Stimulants and Complementary Alternative Medications Across the Lifespan for the APRN

Credits: 2

Course Description: This course is designed to provide students with the necessary psychopharmacologic content required to prepare them to function in an advanced practice role as a Family Psychiatric Mental Health Nurse Practitioner. This course builds on the core nurse practitioner pharmacology course, health assessment, physiology and pathophysiology, and mental health diagnostic content from previous courses. The focus of this course is medications used as **Hypnotics, Stimulants and Complementary Alternative Medications** specific to individuals with psychiatric illness and mental disorders across the lifespan. This course will challenge student critical thinking and problem solving skills as they apply psychopharmacologic principles

to a wide array of chronic and acute psychiatric and medical clinical conditions. Students will learn to synthesize evidence based psychopharmacological treatment of mental health disease components related to operational, humanitarian and homeland defense health risks.

Course Number: PMH803

Course Title: Applied Clinical Concepts I

Credits: 4

Course Description: This course builds on the previous first and second year DNP curriculum by providing the student with knowledge and skills to perform a variety of evidenced based psychotherapeutic interventions across the lifespan within a military and federal health care setting. Advanced critical thinking skills will continue to be applied as the assessment and diagnosis and management process becomes more comprehensive, requiring additional data from current evidenced based research and collaborative sources. Students will be challenged to develop a treatment plans and interventions based on best practices that incorporate individual treatment needs that promote preventive and secondary mental health interventions.

Course Number: PMH804

Course Title: Applied Clinical Concepts II

Credits: 3

Course Description: This course builds on the previous first and second year DNP curriculum by providing the student with knowledge and skills to perform a variety of evidenced based psychotherapeutic interventions across the lifespan within a military and federal health care setting. Advanced critical thinking skills will continue to be applied as the assessment and diagnosis and management process becomes more comprehensive, requiring additional data from current evidenced based research and collaborative sources. Students will be challenged to develop a treatment plans and interventions based on best practices that incorporate individual treatment needs that promote preventive and secondary mental health interventions.

Course Number: PMH805

Course Title: Applied Clinical Concepts III

Credits: 4

Course Description: This course builds on the previous first and second year DNP curriculum by providing the student with knowledge and skills to perform a variety of evidenced based psychotherapeutic interventions across the lifespan within a military and federal health care setting. Advanced critical thinking skills will continue to be applied as the assessment and diagnosis and management process becomes more comprehensive, requiring additional data from current evidenced based research and collaborative sources. Students will be challenged to develop a treatment plans and interventions based on best practices that incorporate individual treatment needs that promote preventive and secondary mental health interventions.