I AM A RACIST

How a binary view of racism negatively impacts the discussion of racism’s impact on healthcare

Ethnicity of Graduating Physicians (2012):

- White: 12,296 doctors
- Black: 1,397 doctors
- Asian: 4,863 doctors
- Hispanic: 1,462 doctors
- American Indian/Alaskan Native: 153 doctors

"Racial and ethnic minorities tend to receive a lower quality of healthcare than non-minorities, even when access-related factors, such as patients’ insurance status and income, are controlled. The sources of these disparities are complex [...] including health systems, their administrative and bureaucratic processes, utilization managers, healthcare professionals, and patients..."

Explicit Racial Preference of MD’s

RACISM IS A SPECTRUM

Implicit Racial Preference of MD’s

"...stereotyping, biases, and uncertainty on the part of healthcare providers can all contribute to unequal treatment."

Institute of Medicine’s "Unequal Treatment: Confronting Racial and Ethnic Disparities in Health Care"

"Racism is a spectrum rather than a binary choice. Our inherent biases influence the health care we provide. Rather than ask “Am I racist?”

Why not start discussing HOW am I a racist?"