

## Consortium for Health and Military Performance Internship Form

The Consortium for Health and Military Performance within the Uniformed Services University of Health Sciences, Department of Military Emergency Medicine, is a Defense Center of Excellence. It serves a Joint Service Resource Center focusing on the complete range of disciplines associated with military-unique Human Performance Optimization and Total Force Fitness for maximizing Service Member performance and family readiness. We are involved in research, research translation, education, clinical, and leadership services.

The CHAMP Internship Program is available to high school-, college/university-, and post-graduate level students interested in developing skill-sets, gaining relevant experience, and advancing in their career paths related to Human Performance Optimization. CHAMP offers 8-week (Summer) and 16-week (Fall) internships. Scholarships may be available through the Uniformed Services University for high school and undergraduate students. Paid internships are available only for graduate students. Academic course credits can be arranged through the applicant's academic institution.

Applications are accepted from February 1, 2019 (12AM) to March 8, 2019 (11:59PM). Chosen applicants will be notified April 19, 2019 via email of the application result.

To apply, please read instructions carefully and fill out this application in its entirety. It contains 4 sections: Student Information, Internship Expectations, Essay, and Supplemental Documents & Submission. Completed applications will be sent in PDF format with all supplemental documents attached. For questions or submission, please email [CHAMPINTERN@USUHS.EDU](mailto:CHAMPINTERN@USUHS.EDU).

## SECTION 1 – STUDENT INFORMATION

### STUDENT

Name:

Address:

City, State, Zip Code:

Email:

Telephone:

Major/Area of Study, Degree Level:

Graduation Date:

GPA:

### SCHOOL

Name:

Address

City, State, Zip Code:

### DEPARTMENT/COURSE CONTACT

Name, Position:

Department:

Telephone:

Email:

## SECTION 2 – INTERNSHIP EXPECTATIONS

### Areas of Interest – CHOOSE 3 MAX

Exercise Science	Statistics	Dietary Supplements
Psychological Health	Performance Nutrition	Sports Medicine
Injury Prevention	Spiritual Fitness	Molecular Biology
Social Media	Multimedia	Administration
Communications	Public Relations	Strategy

### Skills of Interest to Develop – CHOOSE 3 MAX

Data Analysis	Project Coordination	Heat Tolerance Testing
Presentation Technique	Education Techniques	Cell Culture Principles
Media Production	Research Processes	Laboratory Skills
Scientific Writing	Exercise Testing	Animal Research
Event Coordination	Office Management	Clerical Duties
Quality Improvement	Graphic Design	Web Design
Program Management	Finance Management	Strategic Planning

### Timeline – CHOOSE ALL THAT APPLY

8 weeks (Summer)

16 weeks (Fall)

### Internship Type – CHOOSE ALL THAT APPLY

Graduate-paid

Course Credit

Volunteer

## SECTION 3 – ESSAY

The essay portion of this application requires a 250-word minimum and 500-word maximum, single-spaced, and Arial 12-size font.

- A. What does performing at your best mean to you and when have you performed your best?

## SECTION 4 – SUPPLEMENTAL DOCUMENTS & SUBMISSION

### Supplemental Document Checklist

Please provide the following documents as attachments with your application:

High School Student	Proof of Enrollment	Official or unofficial transcripts	Resume/CV	Letter of Recommendation
College Student	Proof of Enrollment	Official or unofficial transcripts	Resume/CV	Letter of Recommendation
Graduate Student	Proof of Enrollment	Official or unofficial transcripts	Resume/CV	Letter of Recommendation

### Submission Instructions

Incomplete application packages and application packages time-marked after the submission deadline will be automatically disqualified. Please submit your complete and signed application to [CHAMPINTERN@USUHS.EDU](mailto:CHAMPINTERN@USUHS.EDU) by March 8, 2019 (11:59 PM). When submitting the application, attach the appropriate supplemental documents to the email.

By signing below, I, \_\_\_\_\_, understand this internship is related to an educational purpose and there is no guarantee or expectation that the internship will provide a scholarship or financial benefit, and/or result in employment with CHAMP. As such, should I be offered an internship with CHAMP, I understand that transportation, lodging, and other living expenses are my own responsibility. I also acknowledge that CHAMP is an equal opportunity employer and therefore all appointments will be based upon competitive merit. Lastly, I certify that all information and materials provided in this application is true and correct to the best of my knowledge.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_