



# CHAMP

Consortium for Health and Military Performance

## Internship Application

The Consortium for Health and Military Performance (CHAMP) is a center within the Uniformed Services University of Health Sciences (USU). It serves as a Joint Service Resource Center focusing on the complete range of disciplines associated with military-unique Human Performance Optimization (HPO) and Total Force Fitness (TFF). Our mission is “Optimize Warfighter mission and Family readiness through leadership, community engagement, education, and conducting and translating human performance research.”

The CHAMP Internship Program is available to high school, undergraduate, and graduate-level students interested in developing holistic skillsets, gaining relevant experiences, and advancing in their career paths related to HPO and TFF. CHAMP offers 8-week (Summer) and 16-week (Fall) internships. Students fulfilling a capstone project for their academic institution may also contact our program throughout the year for longer internship durations and specific focuses.

Applications are accepted from February 17, 2020 (12AM) to April 3, 2020 (11:59PM). Chosen applicants will be notified May 8, 2020 via email of the application result. Summer internships will be from June 22 – August 14, 2020. Fall internships will be from August 17 – December 4, 2020.

To apply, please read instructions carefully and fill out this application in its entirety. It contains 4 sections: Student Information, Internship Expectations, Essay, and Supplemental Documents & Submission. Completed applications will be submitted in PDF format with all supplemental documents attached via email. Please ensure all documents sent include your name. For questions or submission, please email [CHAMPINTERN@USUHS.EDU](mailto:CHAMPINTERN@USUHS.EDU).



# USU

Uniformed Services University

# CHAMP

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## SECTION 1 – STUDENT INFORMATION

### **STUDENT**

Name:

Address:

City, State, Zip Code:

Email:

Telephone:

Major/Area of Study, Degree Level:

Graduation Date:

GPA:

### **SCHOOL**

Name:

Address:

City, State, Zip Code:

### **DEPARTMENT/COURSE CONTACT**

Name, Position:

Department:

Telephone:

Email:



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## SECTION 2 – INTERNSHIP EXPECTATIONS

### Areas of Interest – CHOOSE 3 MAX

Dietary Supplements	Injury Prevention	Performance Psychology
Education	Leadership	Physical Fitness
Environmental Fitness	Military Culture	Research
Health Administration	Office Administration	Social Fitness
Health Policy	Performance Nutrition	Spiritual Fitness

### Skills of Interest to Develop – CHOOSE 3 MAX

Animal Research	Graphic Design	Program Evaluation
Business Development	Heat Tolerance Testing	Program Management
Cell Culture Principles	Lab Management	Project Coordination
Clerical Duties	Laboratory Skills	Quality Assurance
Communications	Marketing	Scientific Writing
Curriculum Development	Media Production	Strategic Planning
Data Analysis	Networking	System Improvement
Event Coordination	Office Management	Training Techniques
Exercise Testing	Policy Development	Web Design
Finance Management	Presentation Technique	

### Timeline – CHOOSE ALL THAT APPLY

8 weeks (Summer)

16 weeks (Fall)

Capstone

### Internship Type – CHOOSE ALL THAT APPLY

Volunteer

Course Credit



**USU**  
Uniformed Services University

**CHAMP**

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## SECTION 3 – ESSAY

The essay portion of this application requires a 250-word minimum and 500-word maximum.

- A. What does performing at your best mean to you and when have you performed your best?



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## SECTION 4 – SUPPLEMENTAL DOCUMENTS & SUBMISSION

### Supplemental Document Checklist

Please provide the following documents as PDF attachments with your application:

Official proof of enrollment from your academic institution

Official or Unofficial Transcripts from all academic institutions attended

Resume or Curriculum Vitae

(1) Letter of Recommendation (Instructor or Employer may also send directly)

### Submission Instructions

Incomplete application or application packages time-marked after the submission deadline will be automatically disqualified. Please submit your complete and signed application package to [CHAMPINTERN@USUHS.EDU](mailto:CHAMPINTERN@USUHS.EDU) by **April 3, 2020 (11:59 PM)**. When submitting the application, attach the appropriate supplemental documents to the email.

By signing below, I, \_\_\_\_\_, understand this internship is related to an educational purpose and there is no guarantee or expectation that the internship will provide a scholarship or financial benefit, and/or result in employment with CHAMP. As such, should I be offered an internship with CHAMP, I understand that transportation, lodging, and other living expenses are my own responsibility. I also acknowledge that CHAMP is an equal opportunity employer and therefore all appointments will be based upon competitive merit. Lastly, I certify that all information and materials provided in this application is true and correct to the best of my knowledge and that I will be at least sixteen (16) years of age at the start of my intended internship cycle.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_