A 38 year old female, G1P0, at 39 weeks by sure LMP and a first trimester ultrasound presents to clinic for a routine visit. She states that she has not felt well for 24 hours. She has terrible midepigastric pain not responding to Mylanta. She has had an uncomplicated antepartum course to date. Her blood pressure in clinic is 142/91 on manual exam with a urine dip of 3+ protein. The exam reveals an appropriate fundal height and fetal heart tones in the 150’s. The patient’s cervical exam is 3/50/-3.

Please discuss this patient and her management.

APGO Educational Topic 18: Preeclampsia-Eclampsia Syndrome

- Define hypertension in pregnancy.
- Enumerate the symptoms of preeclampsia-eclampsia syndrome.
- Summarize the physical findings of preeclampsia-eclampsia syndrome.
- Counsel a patient concerning the indications of MgSO4.
- Counsel the patient concerning the maternal and fetal; complications associated with preeclampsia-eclampsia syndrome.

APGO Educational Topic 17: Medical and Surgical Conditions in Pregnancy

- Recognize the following medical and surgical conditions in pregnancy: anemia, diabetes mellitus, urinary tract disorders, infectious disease, cardiac disease, asthma, alcohol, tobacco and substance abuse, surgical abdomen.
- Discuss the potential impact of the above conditions on the gravid patient and the fetus/newborn, as well as the impact of pregnancy on each condition, if any.