Air Force
Andrews Air Force Base
Base Operator: (301) 981-1110
Billeting/ Temporary Quarters: (301) 981-9603
Finance: (301) 981-3998
Housing Office: (301) 981-5166
ID Cards: (301) 981-2277
Military Clothing Sales: (301) 857-5665
TMO/ Property Shipping: (301) 981-4451
Website: www.andrews.af.mil

Bolling Air Force Base
Base Operator: (703) 545-6700
Billeting/ Temporary Quarters: (202) 404-7050
Finance: (202) 767-4714
Housing Office: (202) 404-1838
ID Cards: (202) 767-5505
Military Clothing Sales: (202) 563-5931
Website: www.bolling.af.mil

Army
Fort Belvoir
Base Operator: (703) 545-6700
Billeting/ Temporary Quarters: (800) 295-9750
Housing Office: (888) 886-4394
Military Clothing Sales: (703) 805-2574
TMO/ Property Shipping: (703) 806-4900
Website: www.belvoir.army.mil

Fort Meade
Base Operator: (301) 677-6261
Housing Office: (301) 677-7748
Military Clothing Sales: (301) 677-2592
Website: www.ftmeade.army.mil

Joint Services
Walter Reed National Military Medical Center (WRNMMC)
Base Operator: (301) 295-2273
Billeting/ Temporary Quarters: (202) 563-6950
Finance: (301) 295-2612
Housing Office: (301) 295-6564
ID Cards: (301) 295-0103
Military Clothing Sales: (301) 295-1489
Website: www.bethesda.med.navy.mil
Uniformed Services University of the Health Sciences (USUHS)
Security: (301) 295-3038
Website: www.usuhs.mil

**On-Base Childcare/Babysitters**
Child Development Center
WRNMMC (301) 295-0167
Andrews AFB (301) 981-3035
Child Development Services
Fort Meade (301) 677-1156
In Home Certified Care on Base
Andrews AFB (301) 981-2025

**Chaplain Services**
USU (301) 295-3193
WRNMMC (301) 295-1510

**Clinics**
Andrews AFB (Malcolm Grow) (888) 999-1212
Bolling AFB (202) 767-5536
Fort Belvoir (Dewitt Army Hospital) (703) 805-0612
WRNMMC (301) 295-6289
USU Clinic (301) 295-3630

**Emergency Rooms**
Andrews AFB (Malcolm Grow) (240) 857-2333
Fort Belvoir (Dewitt Army Hospital) (703) 805-0414
Frederick (Frederick Memorial) (301) 698-3458
Gaithersburg (Shady Grove Adventist) (301) 279-6064
Rockville (Suburban Hospital) (301) 896-3100
WRNMMC (301) 295-4810
DC (George Washington University) (202) 715-4975

**Grocery Stores/Commissaries**
Andrews AFB (240) 857-7105
Bolling AFB (202) 767-4044
Fort Belvoir (703) 806-6371
Fort Meade (301) 677-7463
Fort Myer (703) 696-3685
Marine Corps Base (703) 784-2476
WRNMMC Forest Glen Annex (301) 295-7358

**Exchanges (PX/BX)**
Andrews AFB (301) 568-1500
Bolling AFB (202) 562-3000
Fort Belvoir (703) 806-5800
Fort Meade (410) 674-7170
Fort Myer (703) 522-4575
Henderson Hall (703) 979-8420
Naval Station (410) 575-0005
WRNNMC (301) 295-6362
Washington Navy Yard (202) 889-7534

Family Services/Community Services
Andrews AFB (301) 981-7087
Bolling AFB (202) 767-4464
Fort Belvoir (703) 805-4590
Fort Meade (301) 677-5590
WRNMMC (301) 319-4086

Legal Services
Andrews AFB (301) 981-2042
Bolling AFB (202) 767-5297
Fort Belvoir (703) 805-2856
WRNMMC (301) 295-6052
USU (301) 296-3028

WMR (Equipment Rentals/Ticket Sales)
Andrews AFB (301) 981-5663
Bolling AFB (202) 767-9135
Fort Belvoir (703) 805-2532
Fort Meade (301) 677-2988
WRNMMC (301) 295-0434

Banks
USAA (800) 531-2265
www.usaa.com
Navy Federal Credit Union (888) 842-NFCU
www.navyfcu.org
Chevy Chase (301) 987-BANK
www.chevychasebank.com
United Bank (703) 502-7180
www.unitedbankdcmetro.com

Metro
www.wmata.com

Utilities
Cable
Comcast (877) 760-5341
www.comcast.com
Dish Network (888) 590-0123
www.dishnetwork.com
RCN (866) 603-4474
Verizon  
(877) 483-5898  
www.verizon.com

**Electricity**
- **Allegheny Power**  
  (800) 255-3443  
  www.alleghenyenergy.com
- **Pepco**  
  (301) 365-0351  
  www.pepco.com
- **Clean Currents**  
  (301) 754-0430  
  www.cleancurrents.com

**Gas**
- **Washington Gas**  
  (703) 750-1000  
  www.washgas.com

**Internet**
- **Comcast**  
  (877) 760-5341  
  www.comcast.com
- **RCN**  
  (866) 603-4474  
  www.rcn.com
- **Verizon**  
  (877) 483-5898  
  www.verizon.com

**Oil**
- **Petro**  
  (800) OIL-HEAT  
  www.petro.com

**Propane**
- **Suburban Propane**  
  (301) 251-0606  
  www.suburbanpropane.com

**Water**
- **City of Frederick**  
  (301) 600-1333
- **WSSC**  
  (301) 206-WSSC

**Dentists**

**Dr. Bartlett**
14700 Bauer Dr, Rockville, MD 20853  
(301) 460-9090  
*Notes: My husband's family has gone to him for years. He sees 6 people in our family and we all love him and his staff. Recommended by multiple spouses.*

**Dr. David Dutrow/Dr James Manwaring**
16220 S Frederick Road #400, Gaithersburg, MD 20877  
(301) 977-9100

**Germantown Smiles**
19735 Germantown Rd, Suite 225, Germantown, MD 20874  
(240) 654-3302  
www.smilegermantown.com

**Dr. Robert J. Kelly and Associates**
Gaithersburg: 832 Quince Orchard Blvd, Gaithersburg, MD 20878 (301) 948-0058  
Kensington: 10339 Kensington Pkwy, Kensington, MD 20895 (301) 949-2280  
Kentlands: 220 Main St, Gaithersburg, MD 20878 (301) 519-3232  
*Notes: We see Dr. Lev Tomashesky & Dr. Ler.*
Dr. Michael Yi
10400 Connecticut Ave Ste 506, Kensington, MD 20895
(301) 946-5464
Notes: Recommended by multiple spouses.

Pediatric Dentist
Germantown Smiles
19735 Germantown Rd, Suite 225, Germantown, MD 20874
(240) 654-3302
www.smilegermantown.com
Notes: Dr. Bob Testen recommended.

Dr. Robert J. Kelly and Associates
Gaithersburg: 832 Quince Orchard Blvd, Gaithersburg, MD 20878 (301) 948-0058
Kensington: 10339 Kensington Pkwy, Kensington, MD 20895 (301) 949-2280
Kentlands: 220 Main St. Gaithersburg, MD 20878 (301) 519-3232
Note: See Dr. Kao who is AMAZING!!!

Orlando Pediatric
1401 Old Georgetown Rd, Suite 403, Bethesda, MD 20814
(301) 581-1100
Notes: Recommended by multiple spouses, but they don’t see kids until the age of 3.

Eye Doctor
For Eyes
7272 Wisconsin Ave, Bethesda, MD 20814
(301) 913-0290

Dr. Alicia Krupa
Bldg 1683, Starkey Ave, Andrews AFB 301735
(301) 735-1393

My Eye Doctor in Silver Spring
8525 Georgia Ave, Silver Spring, MD 20910
(301) 588-3232
www.myeyedr.com
Notes: Exams are covered by Tricare, but glasses are expensive and they only cover 20%. You can take your prescription elsewhere if you want. They also put out Groupons that reduce the costs.

Mechanic
Butler Automotive
14720 Southlawn Lane, Rockville, MD 20850
(301) 762-3865
butlerautorockville.com
Notes: (cheaper oil change)

Chevrolet: Chriswell Chevrolet
503 Quince Orchard Rd, Gaithersburg, MD 20878
(866) 849-2015
www.chriswellchevrolet.com
Notes: Awesome service. We bought a truck there and get service there also. Open late and on Saturdays.
Ed Coby Automotives
40 Hudson Street, Annapolis, MD 21401
(410) 266-6690
Notes: Ed specializes in Volvos and other European cars. He is honest, quick, and does great work.

European Cars & Lexus: LXT Automotive
12273 Nebel Street, Rockville, MD 20852
(301) 363-4152

Fitzgerald Lakeforest Service
907 North Frederick Avenue, Gaithersburg, MD 20879
(301) 921-0300
fitzmall.com
Notes: They have a kids play area, 2 waiting areas, and docking stations and desktops to allow you to work while you wait. Usually you can get a loaner vehicle too.

J & D Auto Service
18909 Bonanza Way, Gaithersburg, Maryland 20879
(301) 840-8556
janddauto.net

Jim Coleman Toyota
10400 Auto Park Avenue Bethesda, MD 20817
(301) 469-7100
http://www.jimcolemantoyota.com/index.html
Notes: They are exceptionally attentive and friendly.

Mary and Mikes
11508 Schuylkill Rd, Rockville, MD 20852
(301) 770-7051
www.marvandmikes.com
Notes: My husband’s family has taken their cars here for years. They are well rated on consumer checkbook. They have appointments and are near the school so you can leave your car for the day. They have often quoted us a price and then reduced it because they didn’t take as long or need as much work as they expected. Very honest and fair. Not open on weekends and no real waiting area.

Ourisman Honda
4800 Bethesda Ave, Bethesda, MD 20814
(301) 656-1000
www.oursminhonda.com
Notes: We go here for oil changes. Good to us so far, and have a nice military discount!

Premier Motors Service
309 Howard Ave, Rockville, MD 20850
(301) 340-2130
Notes: Big "D" is very friendly, super reliable and accommodating. They have been awesome and are fast!! Recommended by multiple spouses.

Rockville Service Center
1900 Rockville Pike Rockville, MD 20852
(301) 881-1810
rockvilleservicecenter.com

Sport Honda
3201 Automobile Blvd, Silver Spring, MD 20904
Notes: Highly recommended for their quality of work, customer service and honest prices.

Pet Services

Best Friends Pet Care
395 Muddy Branch Road, Gaithersburg, MD 20878
(301) 926-6005
www.bestfrindspetcare.com

Ft. Meade Vet
2018 Annapolis Rd., Fort Meade, MD 20755
(301) 677-1300
http://www.ftmeademwr.com/veterinary.php
Notes: They are awesome! A bit of a drive, but it’s so much cheaper.

Germantown Veterinary Clinic
19911 Father Hurley Blvd, Germantown, MD 20874
(301) 972-9730
www.germantownvet.com
Notes: We also board our dogs there, they are great and have 24 hr care.

Muddy Branch Veterinary
333 Muddy Branch Road, Gaithersburg, MD 20878
(301) 963-0275
www.mbvets.com
Notes: Request Dr. Katz

Negola's Ark Veterinary Hospital
9401 Fields Road Gaithersburg, MD 20878
(301) 216-0066
negolasark.aahavet.org
Notes: They are very kind to our pets and they price match for heartworm medicine.

Dr. Ira Silver
8815 Connecticut Ave, Chevy Chase, MD 20815
(301) 656-6655

Chiropractic

Kensington Chiropractic
3706 Perry Ave, Kensington, MD 20895
(301) 949-0440

Daycare

Kidsco Jr
24555 Cutsail Drive, Damascus MD 20872
(301) 253-0330
www.kidscopy.com
Little People Daycare  
12720 Royal Carriage Drive, Germantown, MD 20872  
(301) 515-0495

Dry Cleaners  
Crest Cleaners  
233 Kentlands Blvd, Gaithersburg, MD 20878, 301-212-9595  
20948 Fredrick Rd, Germantown MD 20876  
Notes: Many online coupons and same day pick up if dropped off by 9:00 am.

Kemp Mill Dry Cleaners  
1315 Lamberton Dr, Silver Spring, MD 20902  
(301) 649-2552  
Notes: They do alterations and clothing repair. They have detailed and altered many uniforms for us. They will work on anything until you are completely satisfied.

Hair & Nail Care  
About Faces Day Spa  
1910 Towne Center Blvd, Suite 203, Annapolis, MD 21401  
(410) 224-4110  
www.aboutfacesdayspa.com  
Notes: Stylist Debbie biederman. I've been going to Debbie for 4 years, and she is fantastic.

Bubbles Salon  
Regional franchise with multiple locations in the area.  
Notes: Reasonably priced compared to other salons. Recommended by multiple spouses.

Hugo Salon  
2901 University Blvd, W Kensington, MD 20895  
(301) 949-2330  
www.hugosalon.biz  
Notes: One spouse sees Doug. Recommended by multiple spouses.

Lovely Nails  
Wheaton Mall, Wheaton  
(301) 949-3110

Nail Club  
1030 Rockville Pike, Rockville, MD 20852  
(301) 838-4208

Progressions Salon  
12211 Nebel St, Rockville, Maryland 20852  
(301) 231.8757  
www.progressions.com  
Notes: The price is dependent on the stylist’s level of training. I see Navin and pay $45 for a cut/blow dry and got a 10% off coupon for my second trip.

Salon Red  
224 Main St, Suite 100, Gaithersburg, MD 20878  
(240) 631-0163  
www.salonred-kentlands.com  
Note: Would definitely recommend Carolyn.

A Do or Dye  
116 S Mail Street, Mount Airy, MD 21771
(301) 829-4120
www.a-do-or-dye-salon.com

Lifestyle Spa
5212 Randolph Road, Rockville, MD 20852
(301) 468-9770

Ulta
1631 Rockville Pike, Rockville, MD 20852
(301) 231-5386

Baby Stores

Buy Buy Baby
1683 Rockville Pike, Rockville, MD 20852
(301) 984-1123
www.buybuybaby.com

Great Beginnings
18501 North Frederick Ave, Gaitherburg, MD 20879
(301) 417-9702
www.greatbeginnings.com

Other Stores

Butler Orchards
22200 Davis Mill Road, Germantown, MD 20876
(301) 972-3299
www.butlersorchard.com
Notes: On sight market or pick your own berries and apples, pumpkin patch with fall festival, Christmas trees. Recommended by multiple spouses.

H Mart
12015 Georgia Avenue, Wheaton, MD 20902
(301) 942-5071
www.hmart.com
Notes: Asian market. Also great for produce.

Sniders
1936 Seminary Road, Silver Spring, MD 20910
(301) 589-3240
www.sniderfoods.com
Notes: Local produce, organic, independent chain. Produce recommended.

Unique Thrift Store
12211 Veirs Mill Road, Wheaton, MD 20906
(301) 962-0600
www.uniquethriftstoremd.com

Restaurants (No nationwide chain’s listed)

• American
  o Black Market Bistro, www.blackmarketrestaurant.com, Garrett Park, MD
    (recommended by multiple spouses)
• **BBQ**
  - BGR -- The Burger Joint, www.bgrtheburgerjoint.com, Bethesda, MD (recommended by multiple spouses)
  - Cafe Deluxe, www.cafedeluxe.com, Bethesda, MD
  - Good Stuff Eatery, www.goodstuffeatery.com, Downtown, DC
  - Matchbox, www.matchboxrockville.com, Rockville, MD (recommended by multiple spouses)
  - Parker's, www.parkersbistro.com, Bethesda, MD

• **Dessert**
  - Branded 72, www.branded72.com, Rockville, MD (recommended by multiple spouses)
  - Georgetown Cupcakes, www.georgetowncupcakes.com, Bethesda, MD (recommended by multiple spouses)
    **Join their facebook page to find out the flavor of the day then be one of the first 100 to the store to get a free cupcake.**

• **Italian**
  - Flippin Pizza, www.flippinpizza.com, Bethesda and Silver Spring, MD
  - La Panetteria, www.lapanetteria.com, Bethesda, MD
  - Laurienzo Brick Oven Café, www.laurienzobrickovencafe.com, Mt Airy, MD
  - Olazzo’s, www.olazzo.com, Silver Spring and Bethesda, MD (recommended by multiple spouses)
  - Vace, www.vaceitaliandeli.com, Bethesda, MD

• **Mediterranean**
  - Cava Mezze Grille, www.cavamezze.com, Rockville, MD
  - The Lebanese Taverna and Café, www.lebanesetaverna.com, Silver Spring, Bethesda, Rockville (recommended by multiple spouses)
    **Some locations are sitdown service restaurants and some are café’s.**
  - Vasili's, www.vasilisgreek.com, Gaithersburg, MD

• **Mexican**
  - El Mariachi, www.elmariachirestaurant.com, Rockville, MD
  - Jaleo, www.jaleo.com, Bethesda, MD
  - Mi Rancho, www.mirancho texmex restaurant.com, Silver Spring, MD
  - Uncle Julio's, www.unclejulios.com, Bethesda, MD (recommended by multiple spouses)

• **Sandwiches**
  - Addie's, www.addiesrestaurant.com, Bethesda, MD (recommended by multiple spouses)
  - Booymonger's, www.booymonger.com, Bethesda, MD
  - Parkway Deli, www.theparkwaydeli.com, Silver Spring, MD (recommended by multiple spouses)
  - Royal Bagel Bakery & Deli, www.royalbagelbakery.com, Germantown, MD

• **Seafood**
  - Dogfish Head Alehouse, www.dogfishheadalehouse.com, Gaithersburg, MD
  - Mussell Bar, www.musselbar.com, Bethesda, MD
  - Potomac Grill, www.thepotomacgrill.com, Rockville, MD

• **Sushi**
  - Maki Maki, 8023 Wisconsin Avenue, Bethesda, MD 20814 (recommended by multiple spouses)