

USU Newsletter

VOLUME 4, ISSUE 15

WWW.USUHS.MIL

September 28, 2009



USU Newsletter

Bill Bester

*Acting Vice President for
External Affairs and
Managing Editor*

Ken Frager

Public Affairs Specialist

Staff Sgt. Matthew Rosine

Production Editor

MC1 Chad Hallford

Layout and Design

Christine Creenan

Contributing Writer

Production:

Editorial content is edited, prepared and provided by the USU Office of External Affairs unless otherwise indicated. The Newsletter staff may include or exclude articles based upon news value, impact on the university and space availability.

Submissions:

The USU Newsletter will be published bi-weekly on Mondays. The deadline for submissions is at 4 p.m. Friday prior to the publication date. Submissions can be sent to usnewsletter@usuhs.mil or by calling 301 295-0895.



*Replacement of the brickwork in the main courtyard of the University continues to progress.
(Cover photo:
Ken Frager)*

Center wins back to back recognition

Staff Report

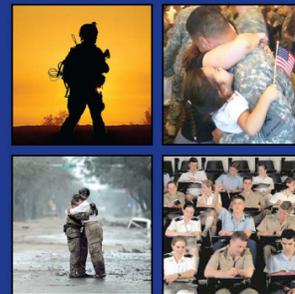
For the second consecutive year, USU's Center for the Study of Traumatic Stress has received the American Graphic Design Award.

Presented by Graphic Design USA, the center was recognized for its outstanding design and message clarity in one of its public education products.

The CSTS 2008 Annual Report, designed by Digital Design Group, received the award after the group worked in conjunction with CSTS associate director, Nancy Vineburgh, to produce the report. Vineburgh oversees the center's Office of Public Education and Preparedness.

Last year's award winning presentation was the Center's "Courage to Care for Me" campaign, introduced during April's Month of the Military Child.

Center for the Study of Traumatic Stress



2008 ANNUAL REPORT

The Center for the Study of Traumatic Stress has received the American Graphic Design Award for the second consecutive year for its 2008 Annual Report.

Less than three percent of the more than 10,000 submissions each year are recognized nationwide.

The award-winning CSTS 2008 Annual Report is available online at www.usuhs.mil by clicking on the blue report icon on the right side of the Web page.

62 years of excellence



photo by HM2 Michael Oliver

Senior Master Sgt. Sandra Scott cuts the Air Force's birthday cake with the assistance of Lt. Col. William Boyce during USU's celebration of the Air Force's 62nd birthday, Sept. 18. On Sept. 18, 1947, the U.S. Air Force became a separate branch of the U.S. military dedicated to "Integrity First, Service Before Self and Excellence In All We Do."

A Profile in Leadership: Dr. Patrick Sculley

by Staff Sgt Matthew Rosine

Retired Maj. Gen. (Dr.) Patrick D. Sculley recently joined the Uniformed Services University of the Health Sciences as the senior vice president for University Programs.

Formerly, Dr. Sculley was the director of Science and Technology for the Texas Center for Applied Technology within Texas A&M University. A great deal of his effort there was focused on the enhancement of medical dual-use opportunities within the Department of Defense and its civilian counterparts.

With his extensive combined military and medical experience, Dr. Sculley said he feels at home in his new position with the University.

"I felt very proud and honored to be selected for the position of senior vice president for University Programs. I also experienced a sense of 'homecoming,'" said Dr. Sculley. "I am grateful to once again be involved in the health-care mission on behalf of uniformed service members and their families."

The general's expansive 29 year career in the Army provides him with many unique opportunities and experiences. Serving in a number of senior positions, then-Maj. Gen. Sculley retired in May 2002, culminating his career as the Deputy Surgeon General of the Army, Chief of the Army's Dental Corps, and Chief of Staff of the U.S. Army Medical Command.

"The greatest opportunity at USU is to participate in creating and advancing a cadre of health services professionals -- physicians, graduate nurses and scientists -- who will provide careers of service to the uniformed services," said Dr. Sculley. "My primary focus will be supporting the students, faculty and alumni of USU. I will be ever vigilant for opportunities and initiatives that will benefit the USU family while simultaneously re-



Retired Maj. Gen. (Dr.) Patrick D. Sculley

sponding to the needs of our services' stakeholders."

Dr. Sculley earned his bachelor's in biology at Washington and Jefferson College in 1969 and went on to earn a degree in dental surgery at the State University of New York at Buffalo. He earned his master's in health services management at Webster University. He served residencies at Fort Meade, Md., and Fort Knox, Ky., and is a graduate of the Army's Command and General Staff College and the Army War College.

The doctor was the Association of Military Surgeons of the United States (AMSUS) 2001 Federal Health Care Administrator of the Year. He is a Diplomate of the American Board of General Dentistry, the Federal Services Board of General Dentistry, the American Board of Oral Medicine and the American College of Health-care Executives. Dr. Sculley is also a Certified Association Executive.

From 2002 to 2006, he served as the executive director of Sigma Xi -- a 70,000-member honor society for scientists and engineers with more than 500 chapters at academic institutions, government laboratories and industry research centers. During his tenure, Dr. Sculley was responsible for overall management of the society's activities and operations, and the administrative offices.

In addition to his medical professionalism, retired General Sculley has also earned numerous awards and recognitions from his military service, including the Distinguished Service Medal, the Legion of Merit with three oak leaf clusters, and the Gold Cross of Honor of the German Army.

Of course, Dr. Sculley's efforts at USU will be sharply focused on the continued success of the University's distinctive mission in the years to come.

"At the end of the day, I want to be remembered as one who advanced the mission of USU with a sense of duty to the USU family and provided compassion and honor for those that the USU family serves," said Dr. Sculley. "I want to thank President Rice and the many colleagues of USU who have shared their time and abundant wisdom to acclimate me to the University and its programs."

The general also recognized his administrative officer, Leeann Ori, whose "wealth of knowledge of USU, gained as both an esteemed employee and a spouse of a USU alumnus, has proven invaluable in jump-starting our contributions to the USU mission."

Dr. Sculley and his wife, Peggy, reside in San Antonio, Texas, and have four married children and eight grandchildren. He is a student of history and a popular public speaker on leadership, management and strategic planning.

Town Hall agenda highlights upgrades, updates

by MC1 Chad Hallford

Campus construction and beautification projects, changes within the faculty and Board of Regents and an update on the University's new office in San Antonio were the key issues addressed by USU president Charles Rice during the Sept. 16 Town Hall meeting.

Dr. Rice also recognized several new employees and presented the University's Distinguished Service Award to a departing board member.

Dr. Rice opened the session by recognizing Lt. Gen. (Dr.) James G. Roudebush, recently retired Surgeon General of the Air Force, who has served as an ex-officio member of the USU Board of Regents since 2006, presenting him with the University's Distinguished Service Award.

Dr. Rice went on to announce the appointment of retired Marine Corps former Commandant Gen. Charles Krulak as the newest member of the Board, and the re-appointment of Dr. Otis Brawley for his second term.

Gail S. Hewitt-Clarke was welcomed by Dr. Rice as USU's new registrar. Hewitt-Clarke comes to USU from Howard University in Washington, D.C.



photo by HM2 Michael Oliver

USU president, Dr. Charles Rice congratulates Air Force Lt. Gen. (Dr.) James G. Roudebush after presenting him with the University's Distinguished Service Award during the Sept. 16 Town Hall meeting.

Dr. Marguerite Littleton-Kearney was introduced as the new Associate Dean for Research at the Graduate School of Nursing. She joins the University from The Johns Hopkins School of Nursing in Baltimore. Additionally, retired Army Maj. Gen. (Dr.) Patrick Sculley was announced as the new Senior Vice President for University Programs and Jeffrey Longacre, as the new Vice President for International Affairs and Affiliations.

It also was announced that Dr.

Floyd Bloom, chairman emeritus of the Department of Neuropharmacology at the Scripps Research Institute in La Jolla, Calif. and past president of the American Association for the Advancement of Science, will be the 2009 Packard Lecturer.

Finally, Navy Capt. Jerri Curtis was congratulated for her recent appointment by the American College of Graduate Medical Education to serve on their Residency and Residency Review Committee for Pediatrics.



'One to Watch'

Vincent Ho, MD, professor and vice chair of the Uniformed Services University of the Health Sciences Department of Radiology and Radiological Sciences, was named as one of *rt image* magazine's "Most Notables and Ones to Watch."

Dr. Ho, who was recently named chair of the newly integrated Department of Radiology of the National Naval Medical Center and the Walter Reed Army Medical Center, was among several physicians, corporations and products in the radiology field named by the publication.

He is an expert in cardiovascular imaging, currently serving as the president-elect of the North American Society for Cardiovascular Imaging.

rt image is a national, weekly magazine for radiology professionals.

USU Center supports health care in national campaign

by Center for Health Disparities

As our nation is engaged in a great debate about the future of health care in America, the USU Center for Health Disparities participated in a nationwide effort to improve health care one patient at a time.

The Center for Health Disparities took part in the national campaign, "Take Your Loved One for a Checkup Day," formerly known as "Take Your Loved One to A Doctor Day," developed by the Department of Health and Human Services and other participating organizations.

The purpose of this event is to educate racial and ethnic minorities as well as the general population about health disparities and to empower individuals to adopt healthier lifestyles and obtain access to health care. The campaign, held annually on the third Tuesday of each September, encour-

ages individuals, family members and friends to visit a health professional to obtain regular health screenings.

However, the Center is reminding everyone that adopting a healthier lifestyle and getting health care is something that should be done year-round – not just the third Tuesday of September.

"The health of the community is our responsibility," said Gloria Ramsey, JD, RN, FAAN, USU associate professor of nursing and director, Community Research Engagement. "We know that while it is true that many people do not have health insurance, there are a large number of persons who do and do not use it -- unless they are sick or when there is an actual emergency. We must change this attitude. This campaign highlights the importance of prevention, early detection and encourages individuals to seek regular health care."

Heart disease and stroke are the leading causes of death for both men and women in the United States and account for over one-third of all American deaths. Cardiovascular disease can be prevented through health screening and interventions for risk factors such as obesity, high blood pressure, high blood cholesterol, diabetes and tobacco use.

The responsibility for disease prevention is a shared one. Individuals and families; medical and public health workforce; employers; school systems; federal, state and local governments all must work together to keep America healthy, said Dr. Tracy Sbrocco, PhD, USU associate professor, principal investigator, Center for Health Disparities.

For more information about this or other Center events, please contact Antwoine Jackson, at (301) 295-9718 or e-mail usuchd@usuhs.mil.

H1N1 Update

With the increasing risks surrounding the upcoming flu season and the influence of the H1N1 virus, faculty, staff and students are reminded to remain vigilant in maintaining good health practices.

The USU president, Dr. Charles Rice, recently created a special task force to help the university prepare for the possible threat of H1N1 at USU.

This "Tiger Team" will develop plans for the H1N1 influenza pandemic and continue the university's educational programs to keep faculty, staff and students healthy and avoid the H1N1 virus this season.

"As you may know, flu can be spread easily from person to person," said Dr. Rice in a campus-wide e-mail. "Therefore, we are taking steps to prevent the spread of flu at USU for as long as possible, but we need your help to accomplish this."

Everyone is reminded to:

- Practice good hygiene by washing hands regularly, especially after coughing or sneezing.
- Use alcohol-based hand cleaners as an effective measure against the spread of germs.
- Wipe down surfaces such as desks, telephones and doorknobs.
- Cover the mouth and nose with a tissue when coughing or sneezing. If a tissue is not available, a per-

son should cough or sneeze into their elbow or shoulder, and not into their hands.

-Avoid touching eyes, nose or mouth to help prevent the spread of germs.

-Stay informed -- know the signs and symptoms of the flu. Everyone is encouraged to talk with a health care provider about whether they should be vaccinated for seasonal flu or the H1N1 vaccine when it becomes available. Some people are at a higher risk for H1N1 flu including pregnant women and people with chronic medical conditions. More information is available at www.cdc.gov/h1n1flu/vaccination/acip.htm.

-Faculty, staff and students should stay home if they are ill. Call your health care provider, first before visiting the clinic or their office.

"If this year's flu season becomes more severe, we may take additional steps necessary to prevent the spread of the virus," Dr. Rice said.

The University has established an H1N1 Influenza Information Web page. The site provides regular updates, guidance and links to valuable H1N1 resources from the CDC and DoD.

The USU H1N1 Web page will also provide specific instructions for the notification of absence due to illness.

The University has also established a special 2009 Influenza Bulletin e-mail account. It will also provide emergency information, identified with red text in the subject line.

More information can also be received by contacting the H1N1 Tiger Team at H1N1@usuhs.mil.

Combined Federal Campaign begins on campus

Staff Report

The Fall 2009 Uniformed Services University Combined Federal Campaign officially started Sept. 17 in conjunction with the Department of Defense's CFC kickoff.

The university's first campus event is the kickoff barbecue scheduled for Oct. 1.

The CFC theme this year is "The Compassion of Individuals. The Power of Community."

"As the campaign manager, I am really looking forward to another successful CFC fundraising season," said Army Capt. Sean Tyler.

The CFC provides each service-member with an annual opportunity to voluntarily help others by donating to community, national and international levels of human, health and environmental service organizations.

This year, more than 3,500 human and health service organizations are listed in the CFC Catalog of Caring.

"Given the diversity of those organizations, there is certainly at least one cause deserving consideration for your personal contribution," said Tyler. "Please also realize that local military installation-based family support services are listed in the CFC Catalog of Caring and are, therefore, available for your contributions. These installation services provide criti-



Courtesy graphic

The Combined Federal Campaign is the world's largest and most successful annual workplace charity campaign, with more than 300 CFC campaigns throughout the country and internationally to help to raise millions of dollars each year. Pledges made by Federal civilian, postal and military donors during the campaign season, which runs from September 1st to December 15th, support eligible non-profit organizations that provide health and human service benefits throughout the world.

cal assistance to our local military families."

The CFC encourages contributions via payroll deduction each year. In selecting the payroll deduction option, employers can optimize the size of their contribution, as well as more easily manage incremental deductions from pay evenly across the year.

Contributors who generously contribute one per cent or two per cent of their base salary to CFC will receive a CFC Eagle or Double Eagle pin, respectively.

"I encourage you to immediately display or proudly wear your CFC Eagle or Double Eagle Pin during the campaign to help promote optimal personal levels of CFC

generosity," said Tyler. "To previous CFC contributors, I applaud your demonstrated kindness. For those of you who intend to contribute again, or on a first time basis, I salute your caring spirit."

Captain Tyler and this year's vice campaign manager, Navy Lt. Christine Schlaerth are encouraging the entire USU community to help this year's Combined Federal Campaign fundraising event a success.

In addition to monetary support, USU personnel can also volunteer to help support the CFC by supporting the campaign team's efforts as needed.

The goal for this year's campaign is more than \$165,000.

"Given the diversity of those organizations, there is certainly at least one cause deserving consideration for your personal contribution."

Army Capt. Sean Tyler.
USU CFC campaign manager

USU Briefs

PFT/PFA/APFT Fall 2009:

The Fall 2009 Physical Fitness Test for all services is scheduled for Oct. 13-15 and 20-22, 2009 at 0700 and 1200.

Plan accordingly as all physical fitness testing, height, weight and body fat measurements will be conducted at USU.

No exceptions.

If there are any questions please contact your service specific fitness coordinators - Air Force contact Tech. Sgt. Troyann Ernle at 295-3281; Navy contact IT3 Robert Grounds at 295-9800 or HM1 Joe Monsivais at 295-1479; and Army contact Staff Sgt. David Rogers at 295-3720.

Exercise/Fitness Areas:

Physical Fitness training should be conducted in designated areas.

The only authorized space for PT within the university is room G060.

Indoor PT is also authorized on base at the Comfort Zone Complex, or CZC, in building 23.

All other spaces within the university are not authorized for exercise or fitness, with the exception of the Student Community Lounge area during

specified PFT testing dates or times.

The CZC hours of operation are Monday – Friday from 5 a.m. to 8 p.m. and on weekends and holidays from 9 a.m. to 6 p.m.

Helpdesk Closure:

The UIS helpdesk is closed for training on Thursdays from 10 to 11 a.m.

During this time, you can leave a voicemail message at 295-9800, utilize the HEAT Self Service (<http://www.usuhs.mil/uis/forms/trouble.html>), or email help@usuhs.mil.

If an emergency should arise, please call 295-9870.

Using Computer Resources:

Security incidents continue to be a drain to limited USU Information Assurance manpower. The following highlight current DoD policy and best practices:

Personnel must not install self-coded or non-licensed software on network resources; add, remove, configure, or attempt to modify USU computer operating systems or programs; move audio/visual or network cables, computers or attempt to connect personal computers

to the network including MDL and lecture hall spaces; connect personal devices except for those previously authorized by UIS; download pornographic material and store or display offensive material, such as racist literature, sexually harassing or obscene language or material; store or process classified information on any USU system; permit unauthorized individuals access to a government-owned or government-operated system or program; access online gambling, games and social engineering sites.

Stronger Female Physicians:

Submissions are now being accepted for the Building Stronger Female Physician Leaders for the Military Health System.

This award honors outstanding female physicians who have made significant contributions to the practice of medicine and/or who have served as exemplary role models for other female physicians.

Completed submissions must be received by 30 Oct.

Additional information at www.health.mil/People/docs/FemaleLeadersAward.doc.



photo by Ken Frager

Caption contest

Test your skills and write the best caption for this photo to win this edition's gift certificate for a free large coffee and doughnut courtesy of William III. Submit your caption in writing to the office B1009, or to USUNewsletter@usuhs.mil. The best caption wins and the top three, as judged by the USU Newsletter staff, will be printed in the next edition.

Time to vote...

Recently, we initiated a survey to find a new name for the USU Newsletter. With more than 120 entries submitted, we have narrowed it down to the top three responses.

Please help us by voting for your top pick online at:

<http://www.usuhs.mil/vpe/newsletter-name.html>

Thanks for your participation and for your continued support and readership.

-The USU Newsletter Staff





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