

The Official USU Newsletter

the pulse

Volume 6, Issue 3 • February 8, 2011

www.usuhs.mil



**FACULTY
Connect** | "USU Faculty Connect" begins on page 4.



New ASD(HA) visits USU campus

by Ken Frager

Sharon Willis

Deputy Vice President for External Affairs and Managing Editor

Ken Frager

Public Affairs Specialist

Staff Sgt. Matthew Rosine

Production Editor

MC1 Chad Hallford

Writer

Christine Creenan-Jones

Contributing Writer

Lori Fields

Layout and Design

Production

Editorial content is edited, prepared and provided by the USU Office of External Affairs unless otherwise indicated. The Pulse staff may include or exclude articles based upon news value, impact on the university and space availability.

Submissions

The Pulse will be published bi-weekly on Mondays. The deadline for submissions is at 4 p.m. Tuesday prior to the publication date. Submissions can be sent to usunewsletter@usuhs.mil or by calling 301-295-0895.



Courtesy Photo

Jonathan Woodson, MD, assistant secretary of Defense for Health Affairs

Dr. Jonathan Woodson, recently appointed as assistant secretary of Defense for Health Affairs and director, TRICARE Management Activity, was a guest for USU's January Town Hall meeting. Woodson, who has been associated with the USU for more than 20 years as an adjunct professor, was introduced by president Charles L. Rice. Dr. Rice commented that he respects Dr. Woodson's willingness to take on the job that "I know all too well," having spent more than six months performing the duties in 2010. Dr. Woodson, who holds the rank of brigadier general in the U.S. Army Reserve, served as assistant surgeon general for Reserve Affairs, Force Structure and Mobilization in the Office of the Surgeon General, and as deputy commander of the Army Reserve Medical Command.

"I hold USU in the highest regard," said Dr. Woodson when addressing the packed cafeteria crowd. "USU does military medical education better than any other medical school I know of. You produce a benefit for the nation that no one else can promise. We need to make sure you have the educational resources to

help us create medical care providers for tomorrow."

Prior to his appointment, Dr. Woodson served as associate dean for diversity and multicultural affairs and professor of surgery at the Boston University School of Medicine, and senior attending vascular surgeon at Boston Medical Center.

He is a graduate of the City College of New York and the New York University School of Medicine. He received his postgraduate medical education at the Massachusetts General Hospital, Harvard Medical School and completed residency training in internal medicine and general and vascular surgery. He is board certified in internal medicine, general surgery, vascular surgery and critical care surgery. He also holds a master's degree in strategic studies (concentration in strategic leadership) from the U.S. Army War College.

In 1992, Dr. Woodson was awarded a research fellowship at the Association of American Medical Colleges Health Services Research Institute. He has authored/coauthored a number of publications and book chapters on vascular trauma and outcomes in vascular limb salvage surgery.

His prior military assignments include deployments to Saudi Arabia (Operation Desert Storm), Kosovo, Operation Enduring Freedom and Operation Iraqi Freedom. He has also served as a senior trauma medical officer with the National Disaster Management System, where he responded to the Sept. 11th attack in New York City. Woodson's military awards and decorations include the Legion of Merit, the Bronze Star Medal and the Meritorious Service Medal (with oak leaf cluster).

In 2007, he was named one of the top vascular surgeons in Boston, and in 2008 was listed as one of the top surgeons in the U.S. He is the recipient of the 2009 Gold Humanism in Medicine Award from the Association of American Medical Colleges.



MHS Courtesy Photo

On the cover

2011 "Building Stronger Female Physician Leaders in the MHS" winners and honorable mentions: (Front) Army Col. Kelly Murray, Navy Cmdr. Meena Vythilingam, (Back) Air Force Lt. Col. Leslie Knight, Navy Cmdr. Ashley Schroeder and PHS Cmdr. Erica Schwartz. (Story on page 3)



USU presence highlighted at Military Health System conference

by Ken Frager



MHS Courtesy Photo

The Honorable Tom Daschle, left, speaks with USU president Charles L. Rice, MD, and assistant secretary of Defense (Health Affairs) Jonathan Woodson, MD, at the recent MHS Conference.

USU faculty, leadership, and alumni were well represented at the recent Military Health System (MHS) conference, held in January in Washington, DC.

USU president Charles L. Rice, M.D. provided introductory remarks for one of the keynote speakers, the Honorable Tom Daschle, former U.S. Senator and Senate Majority Leader. Daschle spoke to the more than 4,000 attendees about the ever-changing strategic landscape for the MHS, commending the work of everyone in the military health system for their commitment to taking care of the war fighters and their families.

In his remarks, Daschle said he expects that the MHS will provide an example of quality healthcare for some of the most challenging medical issues. “The MHS can play a unique and valuable role in the transformation of the nation’s healthcare. The rest of the government and the private sector can learn from the MHS,” Daschle said.

Leadership from the USU and the Henry M. Jackson Foundation for the Advancement of Military Medicine

(HJF) also presented the 2010 Excellence in Teaching Awards during the conference to the Naval Medical Center Portsmouth, Va., and the Kimbrough Ambulatory Care Center at Fort Meade, Md. These awards are presented in recognition of the overall support given by the command, staff and faculty for the university’s teaching programs.

Accepting the awards on behalf of their commands were Rear Adm.

(Dr.) Alton Stocks, Commander, Naval Medical Center Portsmouth and Col. (Dr.) Leon Moores, Commander, Kimbrough Ambulatory Care Center, (SoM ’90).

Previous recipients include Walter Reed Army Medical Center, Madigan Army Medical Center, the National Naval Medical Center, DeWitt Army Community Hospital, 96th Medical Group, Eglin AFB; and the Air Force Medical Center Wright-Patterson AFB. The awards are accompanied by a \$5,000 check from HJF.

USU alumni walked away with several honors, including Army Col. (Dr.) Kelly Murray (SoM ’92), the winner of the 2011 Building Stronger Female Physician Leaders in the MHS award. Air Force Lt. Col. (Dr.) Leslie Knight (SoM ’94) received honorable mention, as did Cmdr. (Dr.) Erica Schwartz, USPHS (MPH ’99).

“I am continually impressed with the impact we, as an organization, are having, serving in critical roles throughout the military health environment and in civilian medicine,” said Dr. Rice. “I’m proud each time our alumni are recognized, when they advance in their careers and when they represent us in such a positive manner. It reminds me why we continue to do what we do...and that we do it very well.”

School of Medicine gets new digital look

by Christine Creenan-Jones

The F. Edward Hébert School of Medicine received an electronic facelift recently. The entire Web site, more than a hundred pages, was overhauled to create a more aesthetic and user-friendly site.

The new site, launched in January, features multi-media technology highlighting faculty and student accomplishments while showcasing the medicine learned on campus grounds.

“Our goal was to create a platform that represents the unique mission of this

school,” said Sharon Willis, deputy vice president of External Affairs. “A team of USU members – including writers, photographers, programmers, students and faculty – worked together to bring important facets of the school to the forefront in a creative and dynamic way.”

An updated newsfeed is just one of the new online features. This interactive tool displays up-to-date information about the school and community.

Continued to page 6

Faculty Development Program Development in the School of Medicine

by Drs. Brian Reamy and Cindy Wilson

The School of Medicine held a one-day strategic planning retreat on November 18 with 16 faculty from both on- and off-campus locations. The goal of the retreat was to develop one-, three- and five-year plans to enhance the professional development of USU faculty in their roles as teachers, researchers and academic leaders throughout the military health care system.

Led by Dr. Brian Reamy, associate dean for Faculty, and Dr. Cindy Wilson, director, Faculty Development for Curriculum Reform, the retreat introduced plans for three major program initiatives. First, planning was begun for workshops on key skills necessary for optimum teaching in the new integrated curriculum under development in the School of Medicine.

These "Survival Boot Camp" for Curriculum Reform workshops will involve instruction in cutting edge skills in four major areas: adult learning strategies, development and delivery of large group lectures, faculty skills in leading small group seminars, and the delivery of feedback and assessment within the context of a small group setting. The workshops will occur in March, April, May and June of 2011. Pre-registration will be required and attendance at each seminar will be limited to 15 people to enhance the opportunity for exchange and academic enrichment. Further workshops will occur based on demand over succeeding months. Faculty who teach in the new Curriculum are encouraged to participate.

Second, planning was begun for three additional four-hour workshops on increasing faculty skills in the utilization of the SAKAI management system for distributed learning

"Survival Boot Camp" for Curriculum Reform

<p>Intended Participants</p> <p>"Survival Boot Camp" is designed to meet the needs of:</p> <ul style="list-style-type: none"> • Billeted & Non-Billeted Faculty • Junior & Senior Faculty • Basic Science Faculty • Clinical Science Faculty <p>who will be teaching in the new integrated curriculum.</p> <p>Certificate</p> <p>Participants earn a certificate after completion of a module.</p>	<p>Module 1</p> <p>Includes Principles of Adult Learning, Small Group Teaching, Large Group Teaching, Feedback and Assessment within a Small Group Setting</p> <p>Objectives</p> <ul style="list-style-type: none"> * Apply principles of Adult Learning * Enhance instructional skills * Utilize a variety of strategies in Large and Small Group Teaching * Employ feedback and assessment strategy in small group settings <p>Option 1 2 March 0800-1200 and 10 March 0800-1200</p> <p>Option 2 11 April 1230-1630 and 18 April 0730-1130</p> <p>Option 3 4 May 0800-1200 and 12 May 0800-1200</p>	<p>Module 2</p> <p>Includes Distributed Learning using technologies based in SAKAI</p> <p>Objective</p> <ul style="list-style-type: none"> * Utilize the SAKAI learning management system to engage students, organize class material and improve learning outcomes. <p>Option 1 9 Mar 0900-1100 and 16 Mar 0900-1100</p> <p>Option 2 31 Mar 1300-1500 and 6 Apr 1300-1500</p> <p>Option 3 11 Apr 1400-1600 and 25 Apr 1400-1600</p> <p style="text-align: right;">Seating is limited.</p> <p style="text-align: right;">To register, log onto http://www.lrc.usuhs.mil/content/FacultyDevRegClassReg.php</p>
--	---	---

technologies and methodologies. These skills will become critical for content delivery to medical students in the new integrated curriculum especially during their clinical clerkships at military treatment facilities throughout the United States. Interactive training, use of discussion boards, simulated patient scenarios, basic science content and the management of copyrighted materials, quiz banks and other technologies are all new ways to enhance the education of USU students. These workshops will help faculty to gain skill and confidence in the utilization of these technologies in the years ahead.

Finally, planning was initiated for a new Faculty Development Certificate program at USU. This program will coordinate all faculty development activities; those that occur on-campus, off-campus during site visits, and newly developed programs for the delivery of faculty development to non-billeted faculty via distributed learning. The program will offer faculty development education

organized into five modules: Educator Skills (*Introductory, Intermediate, Advanced*), Feedback & Assessment skills, Research Skills, Career Development & Progression, and Academic Leadership. These modules will include offerings suitable for junior, mid-career and senior faculty.

After the completion of 30 hours of faculty development training a Certificate in Medical Education will be awarded. Completion of 70 hours will lead to being awarded a Certificate of Advanced Expertise in Medical Education. These certificates will help demonstrate the dedication of USU faculty to their professional development as medical educators.

Additional information about "Survival Boot Camp" registration and the ongoing development of the Faculty Development Certificate Program will be disseminated as details are finalized. Information may also be obtained from Dr. Brian Reamy (breamy@usuhs.mil), Dr. Cindy Wilson (cwilson@usuhs.mil) or Ms. Lisa McTigue (lmctigue@usuhs.mil).

New Faculty Orientation Day

by Drs. Brian Reamy and Cindy Wilson

New Faculty Orientation Day was held at USU in October 2010, with 46 new USU faculty members in attendance. The agenda was designed to provide an understanding of USU procedures, policies, and opportunities, and included topics related to faculty support, the appointment, promotion and tenure processes, research, teaching and education.

The event was sponsored by the USU Faculty Senate and began with an introduction to the orientation topics, presented by Faculty Senate President, Dr. Gary Wind, and the Faculty Mentoring Committee co-chairs. Welcoming comments from USU President Dr. Charles Rice, and JTF commander Vice Adm. (Dr.) John Mateczun followed. The Deans from the School of Medicine, Graduate School of Nursing and Graduate Medical Education program addressed attendees, followed by the USU Brigade Commander, AFRRRI Director, SOM Associate Dean for Faculty, and GSN Interim Associate Dean of Faculty Affairs.

The faculty support portion of the morning was dedicated to briefings by various university departments, providing new faculty with an overview of the services and support USU has available to assist with clinical, teaching and research responsibilities. Representatives from the Office of the General Counsel, Civilian Human Resources, library and media services, and the Office of External Affairs also participated. Faculty Mentoring subcommittee members demonstrated the new web-based system, which is designed to facilitate those faculty members who would like to become a mentor, but also faculty

who are looking for support from a USU mentor.

Break-out sessions covering the USU Appointment, Promotion and Tenure process were on the afternoon agenda. This was followed by the vice president of Research discussing start-up grants, assurances, technology transfer, and the role of the Henry M. Jackson Foundation in research at USU. The final session of the afternoon was dedicated to teaching and education

technologies, and included a Panel of Outstanding Educators at USU – Dr. O’Brien, Dr. Conran, Dr. Goodie and Dr. Seibert.

The event concluded with an afternoon reception with more than 20 current faculty on hand to welcome and meet with new faculty members.

The taped presentation, along with additional resources will be posted on the Faculty Senate website, www.usuhs.mil/faculty/senate.

Faculty Development “Pearl”

Q: What is the difference between feedback and evaluation/assessment?

Answer:

FEEDBACK	EVALUATION
Gives information for learner action	Gives judgment for learner reflection
Formative	Summative
Neutral & composed of verbs and nouns	Normative statements peppered with adverbs & adjectives
Helps keep a learner on track toward an educational goal	Tells a learner if they reached an educational goal
Focused on the individual	Places the individual in relation to their peer group
Part of the learning process	End of the learning process

EXAMPLES: Are the following feedback(F) or evaluation(E)?

- 1) When you saw the patient with HTN and started him on a diuretic, you forget that he has Type II DM and an ACEI would have been a better choice.
- 2) During this rotation you frequently chose the less-ideal medicine for patients with HTN.
- 3) When you delivered that baby you forgot to completely control the descent. This contributed to a perineal injury.
- 4) You performed 30 deliveries this month. You performed at an intern level with 10, at a resident level with 10, but below acceptable standards with 10.

ANSWERS: 1: F, 2: E, 3: F, 4: E

New CSTS resources available to address intimacy issues

by Ken Frager

The impact of combat injury on intimacy is an important and often neglected aspect of healthcare communication. Four new fact sheets addressing the impact of the injuries of war, both physical and psychological, on intimacy have just been released for healthcare providers and affected military families.

They are: *Intimacy and Health: The Impact of PTSD and Other Invisible Injuries on Returning Service Members* for providers, *Reintegration and Intimacy: The Impact of PTSD and Other Visible Injuries* for families; *Physical Injury and Intimacy: Helping Wounded Warriors and their Loved Ones Manage Relationship Challenges and Changes* for providers, *Physical Injury and Intimacy: Managing Relationship Challenges and Changes* for families.

Developed by the Center for the Study of Traumatic Stress (CSTS), the injury and intimacy fact sheets are part of the larger **Courage to Care Courage to Talk** (www.couragetotalk.org) campaign, launched in March of 2010 by the Center's Child & Family Program. **Courage to Care Courage to Talk** provides resources to military

health treatment centers and organizations dedicated to wounded warrior care that educate about and facilitate communication around difficult topics involving the impact of combat injury on service members and families.

"Whether a returning service member is single, married or married with children, the capacity to resume and establish relationships that provide emotional closeness and sexual togetherness can enhance or undermine individual health, relationship health, and even the health of one's family," as quoted from the fact sheets. The fact sheets include "tips" to help injured service members and their loved ones improve intimacy.

The fact sheets remind healthcare professionals that "relationship intimacy is an important part of post-deployment health and reintegration. Ask about relationship intimacy. Sometimes patients are uncomfortable bringing up the topic, so service providers may need to start the conversation." The injury and intimacy fact sheets can be downloaded at: www.cstsonline.org as well as www.couragetotalk.org.

SOM digital look

Continued from page 3

For example, a story about USU's cutting-edge research may follow information about commencement and other current events.

Candid glimpses into the School of Medicine experience is another feature of the re-designed site. Visitors learn from USU students what distinguishes this school from others. This includes an innovative military-focused curriculum.

"USU's medical school program is quite singular," said Willis. "So, the new Web site had to include information that truly captured USU's innovative teaching methods. Instead of just breaking the curriculum down

by semester and year, the Web team created pages dedicated exclusively to the field exercises and other hallmark USU experiences."

While there have been other significant changes to the overall USU site, including the Graduate School of Nursing, more large-scale change is on the horizon. Several departments and programs are revamping their sections, and the university is in the beginning stages of a major re-design initiative that will give USU's entire Web site a whole new look and organization.

"Often, people use the Internet to learn more about a university," said Willis. "We want to put our best foot forward, and that's what our web revitalization effort is all about."

HPRC Health Tips

The Human Performance Resource Center Health Tips is a new column intended to provide the USU community with information to help develop and maintain a healthy lifestyle. Check out the HPRC website at: <http://humanperformanceresourcecenter.org>.

Get Fit 'on the job': Part 2

At The Gym

If your building has an onsite fitness center, take full advantage of it. If not, check around for nearby gyms that offer corporate membership discounts. If there's no gym available, packing workout clothes — or at least a clean shirt and socks — makes mid-day exercise more practical.

High-Intensity Workouts

Scheduling physical activity into your work day helps make it a habit. Once it's on your calendar, honor your exercise time just as you would any other appointment. You may need to reschedule occasionally, but at least it will be on the books - and you're more likely to get it done.

Urban Hiking

If the stairwells at your worksite are safe and accessible, use them for exercise — and you'll strengthen your entire lower body while getting a great cardiovascular workout. Look outside for nearby public stairways and hilly streets.

Fun and Camaraderie

Leveraging on-the-job social support can help you stay on track — and makes your workout time more enjoyable. Make your physical activity plan more fun — and more sustainable — by inviting co-workers to join you.

Improving IT infrastructure

by Dennis Stutz and Tim Rapp

This article will serve as an introduction to an ongoing series updating you on the changes and improvements going on in the computer support arena at USU. This will include events dictated by DoD security requirements; changes necessitated by curriculum reform; and, improvements that are necessary to retain a robust infrastructure to support our teaching and research requirements.

The primary ongoing effort is USU's work to meet DIACAP (DoD Information Assurance Certification and Accreditation Process) requirements to receive an ATO (Authorization to Operate). Without an ATO, the USU computer network would be shutdown and we would be unable to accomplish our mission. USU Chief Information Officer Mr. Timothy Rapp and his staff have been working to meet the requirements set out for this process, receiving invaluable help from the administration

and financial management areas in support of this effort. The entire USU community has been affected by this process because of the all-encompassing nature of the infrastructure and software changes required.

Over the next 60 days:

- Desktops and laptop remediation is complete; however, residual ticket clean-up will continue through the middle of March.
- Mac remediation is complete for those systems still on the network; a centralized EURRC for End Of Life (EOL) Mac equipment is pending.
- All Virtual Local Area Network (VLAN) deployments are complete. This was the primary implementation
 - Primary source of increased help desk tickets, the need to re-IP workstations, and printer outages
 - Last two (of 22) were AFRRI dated 13 Jan and Ground floor dated

17 Jan, which will be completed by middle of March

- Any outages for configuration updates in Feb/Mar will be localized
 - Server remediation was scheduled to complete 1 Feb with non-compliant systems disconnected the same day.
 - USU documentation close out 4 Mar
 - Internal DAA pre-brief week of 7 Mar
 - External TMA team validation late-March/early April
 - TMA DIACAP packet brief to USU DAA May 11 resulting in an ATO
- As this process continues, the OCIO will continue to provide updates and notification of changes to the university community. If you have problems or concerns related to this, Mr. Dennis Stutz, Director, Customer Service, is acting as an ombudsman to help communicate issues. He can be contacted at 301-295-9560 or dstutz@usuhs.mil.

Briefs

Dining In

Find out who is going to the grog this year at the USU 2011 Dining In.

Dust off your mess dress and join the party from 6 to 11 p.m. Saturday, March 5.

Tickets for the Dining In are on sale now.

Please contact Lt. Cmdr. Rene Hernandez at rhernandez@usuhs.mil for more information.

Using computer resources

Security incidents continue to be a drain to limited USU Information Assurance manpower. The following highlight current DoD policy and best practices:

Personnel must not install self-coded or non-licensed software on network resources; add, remove, configure, or attempt to modify USU computer operating systems or programs; move audio/visual or network cables, computers or attempt to connect personal computers to the network

including MDL and lecture hall spaces; connect personal devices except for those previously authorized by NOC; download pornographic material and store or display offensive material, such as racist literature, sexually harassing or obscene language or material; store or process classified information on any USU system.

Personnel must not permit unauthorized individuals access to a government-owned or government-operated system or program; access online gambling, games and social engineering sites.

ESC meetings

The Enlisted Social Committee holds its monthly meetings on the first Tuesday of every month.

Meetings are held at 9:30 a.m. in the cafeteria's small dining room.

Being a part of the ESC is an excellent way for USU enlisted person-

nel to actively pursue volunteer opportunities at USU.

Helpdesk Closure

The NOC helpdesk is closed for training on Thursdays from 10 to 11 a.m.

During this time, you can leave a voicemail message at 301-295-9800, utilize the HEAT Self Service (<http://www.usuhs.mil/uis/forms/trouble.html>), or email help@usuhs.mil.

If an emergency should arise, please call 301-295-9870.

Exercise/Fitness Areas:

Physical Fitness training should be conducted in designated areas.

The only authorized space for PT within the university is room G060.

The campus' Student Community Lounge area is also authorized, but only during specified PFT testing dates or times.



UNIFORMED SERVICES UNIVERSITY *of the Health Sciences*

