## On the cover

USU fourth-year medical students participated in Operation Bushmaster, a week-long field exercise held at Fort Indiantown Gap, Pa. The medical students are joined in the exercise by nurse practitioner students from USU's Graduate School of Nursing. (See story, page 6.)

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### The Pulse

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### Juliano receives Award for Education in Neuroscience

**By Sharon Willis**

Sharon L. Juliano, Ph.D.

The Society for Neuroscience has presented its annual Award for Education in Neuroscience to Sharon L. Juliano, Ph.D., professor of Anatomy, Cell Biology and Genetics, and director of the Uniformed Services University of the Health Sciences (USU) Neuroscience graduate program.

The prize recognizes individuals with a distinguished career who have made outstanding contributions to neuroscience research and education. The award was presented Oct. 13 during Neuroscience 2012, SfN’s annual meeting and the world’s largest source of emerging news about brain science and health. Osvaldo D. Uchitel, M.D., Ph.D., of Instituto de Fisiología, Biología Molecular y Neurociencias (Institute of Physiology, Molecular Biology and Neurosciences) in Argentina, was also a recipient of this year’s award.

“Dr. Juliano and Dr. Uchitel are exceptional advocates for neuroscience education and training of students worldwide,” said Moses V. Chao, Ph.D., president of SfN. “We are honored to recognize their commitment to attracting the world’s best and brightest to the field of neuroscience.”

Juliano has played a vital role in promoting neuroscience education and training in the global community through her active involvement in the International Brain Research Organization and organization of workshops and courses in Latin America, Eastern Europe, and Africa. In 2008, her efforts to promote international neuroscience education led her to organize the first Teaching Tools Workshop in Africa — a program that equips junior faculty members with tools and a framework for teaching neuroscience in African countries — which took place in Senegal. Since then, the program has reached educators in Egypt, Kenya, Ghana, and South Africa. She also leads efforts to educate students in developing countries about ethical issues in research and acquire used laboratory equipment to donate to researchers in developing countries.

In addition to her efforts abroad, Dr. Juliano has mentored more than 25 interns, graduate students, and postdoctoral fellows in the United States. She has been honored with several awards, including the Flexner Award for Outstanding Research (Institute for Neurological Sciences) and the Distinguished Service Medal. Her USU research focuses on the development of the cerebral cortex.

“This award brings national recognition to the extraordinary contributions that Dr. Juliano has made for decades to the education of outstanding scientists and physicians at USU and around the world,” said F. Edward Hebert School of Medicine Dean Larry W. Laughlin, M.D., Ph.D. “It is an award that is extremely well deserved from the prestigious Society of Neuroscience.”

The Society for Neuroscience is an organization of more than 42,000 basic scientists and clinicians who study the brain and nervous system.
“My mother was a cancer patient during my high school and college years,” said Army Lt. Col. (Dr.) Inger Rosner, director of urologic oncology and associate director of the Center of Prostate Disease Research at Walter Reed Bethesda.

“It was a very challenging time for my family,” Rosner continued. “Her surgeons and oncologist had such an enormous impact on me - they were caring, thoughtful and so dedicated. It inspired me to try to give that level of care to others.”

It’s that passion of science and the desire to help people that motivated Rosner and her colleagues, Navy Capt. (Dr.) Lisa Mulligan, Navy Capt. (Dr.) Christine Sears, Cmdr. (Dr.) Katherine I. Schexneider, Cmdr. (Dr.) Colleen Dorrance, Lt. Cmdr. (Dr.) Tamara Kindelan, Air Force Maj. (Dr.) Kerry Latham and Dr. Susan Dunlow, to pursue careers in medicine. They are among the many physicians at Walter Reed National Military Medical Center (WRNMMC) contributing to the healing of the nation’s heroes and their families.

September was Women in Medicine Month, launched by the American Medical Association (AMA) in 1990 to recognize the contributions of female physicians to health care and their communities, and encourage more women to consider careers as physicians. Walter Reed Bethesda recently recognized the contributions and dedication of the many women in medicine assigned there.

“A career in medicine can be very challenging and demanding, but rewarding,” added Rosner, who earned her medical degree from the Uniformed Services University of the Health Science (’97) at Naval Support Activity Bethesda. Mulligan, deputy commander for surgery at Walter Reed Bethesda, said although women now make up approximately 50 percent of students at medical schools, “the military side has been behind numerically.” Mulligan is one of a few women neurosurgeons in the military and is the neurosurgery specialty leader to the Navy Surgeon General. A Harvard grad, Mulligan earned her medical degree from USU (’93), did her internship at the former National Naval Medical Center (now WRNMMC) in general surgery, completed her neurosurgery residency training through the National Capital Consortium Residency program, and was an epilepsy surgery fellow at Yale University.

According to numbers from the AMA and Association of Women Surgeons, in the U.S., female physicians outnumber male physicians in pediatrics, and female residents outnumber male residents in family medicine, obstetrics and gynecology, pathology and psychiatry, but some medical specialties, such as surgery, remain primarily male-dominated. Kindelan, who is a minimally invasive and bariatric surgeon at Walter Reed Bethesda, explained her parents were influential to her in pursuing a medical career.

“My parents were the first ones to tell me I could be a doctor, and I guess it just stuck in my head. When it was time to choose what to do with my life, I chose medicine. The more and more I learned afterwards made me sure I made the right choice,” Kindelan said.

Latham, a plastic surgeon, said she also became interested in medicine as a little girl. “I knew I wanted to help people, and I like problem solving. [Medicine] seemed like a good fit.” The plastic surgeon explained how a humanitarian mission to the Philippines as a medical student at USU (’00) also influenced her career choice.

“I met a teenage boy with an unrepaired cleft lip. He told me, through a translator, that he wanted to have surgery to fix his lip. He said he was in love with a girl in town but she would not marry him because he had an unrepaired cleft lip. He also said when he was a little boy, another mission had come, but he was sick, so they could not do his surgery. He said he had been waiting many years for surgeons to come back to help him. I helped the surgeon do his cleft lip repair. I had never seen

Continued to page 8
East meets west at USU to improve military medicine globally

By Christine Creenan-Jones

USU’s reputation as the premier academic home of American military medicine transcends distant boundaries. In fact, people from all over the world come here to learn from USU’s faculty, including Navy Commander (Dr.) Rempei Yanagawa, a visiting professor from the National Defense Medical College (NDMC) in Japan.

As part of his experience at USU, Yanagawa, and three of his students, completed field training at Operation Bushmaster, a hands-on learning exercise that captures some of the unique obstacles military doctors and nurses face on deployments.

Yanagawa hoped the time he spent on USU’s simulated battlefield will shape the way military medicine is taught in Japan. Like the officers here, NDMC students trade a tuition-free education for a military service commitment that often includes work assignments in challenging places.

Yanagawa, a NDMC alum himself, knows these rigors well. He’s served in the Japanese Navy for 22 years now and has travelled to many places around the world, including Antarctica, where he took care of an entire Japanese fleet aboard the Shirase, an icebreaking ship used primarily for research expeditions.

Living and working conditions on the Shirase were difficult, especially at night, when temperatures plummeted to double digit negatives. The nearest airport, in case of serious injury, was also thousands of miles away in South Africa. As a result, Yanagawa had to be prepared to handle all sorts of medical emergencies.

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Sagui Appointed Newest Assistant Dean

By Gwendolyn Smalls

The Uniformed Services University of the Health Sciences recently selected its newest assistant dean, Army Lt. Col. (Dr.) Aaron A. Saguil. School of Medicine Dean Dr. Larry Laughlin made the announcement recently. “I am always thrilled to hear about how we can better partner and marshal our resources in pursuit of our common recruiting and admissions goal. Please drop by—the door to my office is always open.”

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USU leader pioneers new Army program

By Christine Creenan-Jones

United States Army Colonel (Dr.) Leon Moores, stands out, even among the military’s top leaders. His stellar reputation, professional record and vast array of accomplishments distinguishes him.

So do his leadership awards, a bounty of them given at every duty assignment, from West Point and Uniformed Services University to the Industrial College of the Armed Forces and Walter Reed Army Medical Center, where he’s earned some of the military’s most prestigious honors, including the Major General Harold Mashburn, Jr. Award for Excellence in Leadership, the Legion of Merit (twice), and the Navy and Marine Corps Achievement Medal, no small feat for an Army officer.

Moores’ accolades and the example he’s set throughout his military career – in classrooms, surgical units, on the frontlines and in command-level positions – have led to a new job with some unique responsibilities.

As the Army’s first ever Medical Corps Consultant for Leadership, Moores is developing a pioneering program that will teach leadership skills to physicians and aspiring medical professionals across the globe.

“Military medicine needs strong, effective leaders,” said Moores, a USU graduate and National Capital Consortium-trained neurosurgeon. “Yet, we don’t normally teach leadership as a core competency, and we should.”

In his new consultant role, Moores is helping close the leadership gap by developing a program for Army physicians that deliberately and systematically teaches important leadership skills like positive interpersonal communication, effective bedside manner and cultural competency.

“Leadership isn’t innate. It needs to be learned and practiced,” said Moores. “That’s why the Army is working to create new platforms for leadership training in the Medical Corps for a better Military Health System.”

The program’s effects will also improve military readiness, according to Moores, because Soldiers are more likely to heed professional advice if their physician is competent, compassionate and confident – skills the program is designed to enhance over a career.

“The future of medicine will be increasingly team-based and patient-focused and all medical professionals need to be prepared to excel in that environment,” he said. “We plan to help physicians develop leadership skills at every stage in their career, starting in medical school, so we can have the greatest possible positive impact on health outcomes.”

Moores is ironing out the finer points of the Army Medical Corps Leadership program at USU, where he also works as a special assistant to President Charles Rice for leadership development. Moores is also working with a number of agencies to develop programs with broad applicability to all health care professionals.

“It feels good to be on campus again. I’m passionate about USU and leadership development. Plus, the program’s target audiences are right here, experienced health care professionals, mid-career faculty and students, and aspiring doctors,” Moores said. “It’s a good microcosm of military medicine and a great place to develop a leadership plan.”

USU’s Human Performance Resource Center Health Tips is intended to provide the USU community with information to help develop and maintain a healthy lifestyle. Check out the HPRC website at: http://hprc-online.org.

Set your calorie goals

The United States Department of Agriculture's Supertracker (https://www.supertracker.usda.gov/default.aspx) has added a unique and helpful feature that allows users to set calorie target recommendations prescribed by nutritionists, dietitians, and healthcare providers. SuperTracker, a free online tool released in 2011, allows users to assess daily healthy food and lifestyle choices and track their progress. With the newly added feature, users will be able to tailor their unique needs.
USU students participate in Operation Bushmaster, FTX 101

By Sharon Willis/All photos by Thomas C. Balfour

More than 350 medical and advanced practice nursing students from the Uniformed Services University of the Health Sciences experienced the demands of caring for patients in a simulated combat environment during simultaneous field training exercises held Oct. 16-24 at Fort Indiantown Gap, Pa.

“Operation Bushmaster” exposed fourth-year medical students and graduate-level nurse practitioner students to the challenges of delivering medical care in support of warfighting, peacekeeping and humanitarian-assistance operations. Meanwhile, “FTX-101” gave first-year medical students their first tactical training in a field environment.

Both exercises ran for three days with half of each class participating; the cycle repeated for the second half of each class. The Bushmaster training exercise concluded with a simulated attack during a nighttime operation, resulting in mass casualties. The students then drew on their education, training and experience as they tried to make order out of chaos while triaging, treating and evacuating patients.

The “patients” were first-year students who had moulage makeup applied to create realistic-looking combat wounds. Seeing these simulated wounds during the exercises helps prepare the students for seeing the real thing for the first time in a combat environment or military hospital like the Walter Reed National Military Medical Center.

Increased emphasis on treating patients as quickly and as far forward as possible presents challenges traditional medical students aren’t likely to encounter, from treating patients while under fire to treating injured enemy combatants to working with far less equipment than they’d find in fixed medical facilities. USU’s fourth-year medical students and GSN students faced those challenges as well as leadership and ethical challenges as they treated “patients” while rotating through a variety of roles they played as medical officers, from litter bearers to logistics officers to unit commanders.

The Bushmaster exercise also reinforces the fact that doctors are just one part of a vast medical care network, while underscoring their broad responsibilities as military medical officers, among them leadership, planning, organization, communication, situational awareness, and prioritization to ensure sufficient resources, personnel, and evacuation capabilities.

This year’s exercise involved several new scenarios, including the use of patient and hybrid simulation. To experience the challenges of en-route patient care in a field ambulance, students learned about point of injury hemorrhage control and used the “SimMan” patient simulator. The “SimMan” was also used for a hybrid simulation scenario, where actors (students) took the place of the simulator at a designated point in the treatment of the “patient.” USU also used a new section of Fort Indiantown Gap replicated as an Improvised Explosive Device-laden area designed to support combat health support during military operations in a hazardous environment.
a cleft lip surgery. It was amazing. The surgery took two hours and the teenage boy did very well. I went to see him the next morning and he was lying on a stretcher and a very pretty teenage girl was sitting with him. They were so happy together and she was looking at him so affectionately. He was smiling broadly and I knew that she was the girl he loved. I was elated,” said Latham.

“In that moment, I knew what I wanted to do for the rest of my life,” Latham said. “I could not believe that in a couple of hours a plastic surgeon can improve people’s lives so dramatically. What an incredible profession!”

Sears explained, “a love of science and a desire to see science applied to help people and society,” sparked her desire to become a physician. 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