

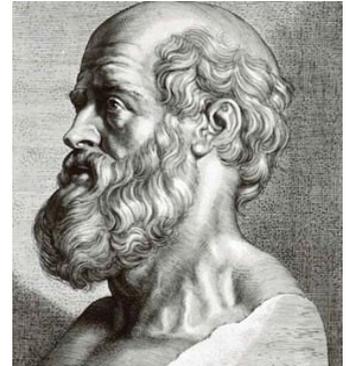


# HEALER'S ART 2017

## HIPPOCRATIC OATH REVISITED

### HELP ME...

- ◆ Look for something to learn from everyone I encounter
- ◆ Help me be the person and doctor my patient needs, in order to meet them where they are, not where I want them to be
- ◆ To slow down and stay in the moment
- ◆ To choose the harder right over the easier wrong
- ◆ To be present for my family, friends, and patients in a way that will ensure they never feel alone
- ◆ To have hands that heal and a heart that hears
- ◆ To find joy in each day and value each patient encounter
- ◆ Remember why I chose this path
- ◆ To be selfless
- ◆ To see the person in front of me
- ◆ To listen to patients
- ◆ To see past the “what” of others and into the “why”
- ◆ To build strong, meaningful, genuine relationships with patients and fellow healers
- ◆ Above all else, to seek the good in all things and love the unlovable
- ◆ Remember the reasons for going into medicine
- ◆ Keep perspective and keep the important things important
- ◆ Strengthen my interpersonal skills and my ability to connect with each patient and be aware of their feelings, attitude and desires, knowing them as a person, and not a condition
- ◆ Be a compassionate, listening presence to each person I encounter so that they see their own worth and value reflected in my eyes
- ◆ To have the confidence to give my patients the care they deserve
- ◆ To understand the needs of my patients beyond a scientific understanding of their medical issues
- ◆ Show what I have learned
- ◆ To be more empathetic with my patients
- ◆ To stay grounded in my roots, and keep staying inspired to fight the good fight
- ◆ To overcome temptation
- ◆ Keep a smile through it all
- ◆ Known when I can't handle something on my own so I can ask for help
- ◆ Be patient and present in every aspect of my life, personal or professional



### ENABLE ME...

- ◆ To care about others and want to build relationships by listening
- ◆ To recognize when I need to spend an extra moment with a patient
- ◆ To break through my selfishness to put others first

### GIVE ME...

- ◆ Strength to be selfless
- ◆ The confidence I need in order to become a great doctor
- ◆ The confidence that will make my patients confident in me
- ◆ The confidence to own my successes and failures, and not be embarrassed by them





## ALLOW ME...

- ◆ To see the importance in the little things
- ◆ To create an environment in which my colleagues can be vulnerable enough to open up to me—to share their joys, their successes, their heartaches, and their grief
- ◆ To always make a difference in the people around me, and to encourage others to be their best version of themselves
- ◆ And allow my intellect to comprehend true pathology

## SHOW ME...

- ◆ How to be the best healer I can be
- ◆ How to better my community while ensuring I am able to care for those closest to me
- ◆ How to deeply connect with all my patients
- ◆ The hands that need holding, the minds that need comfort, the hearts that need guiding

## PLEASE...

- ◆ Provide me with the endurance to maintain my path in life to help others
- ◆ Point me in the right direction; continually remind me that people are good, that I am enough, and that healing is possible
- ◆ Lord, be my heart so that your love may overflow through me

## INSPIRE ME...

- ◆ With the creative solutions to challenging problems

## STRENGTHEN ME...

- ◆ To do what is right

## AND MAY I...

- ◆ Remember the humanity with the science

*"It is more important to know what sort of person has a disease than to know what sort of disease a person has."*

*-Hippocrates*



**Some patients recover,  
because they  
believe in  
Doctors  
~Hippocrates~**

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