Healer’s art 2017

Hippocratic oath revisited

Help me…
- Look for something to learn from everyone I encounter
- Help me be the person and doctor my patient needs, in order to meet them where they are, not where I want them to be
- To slow down and stay in the moment
- To choose the harder right over the easier wrong
- To be present for my family, friends, and patients in a way that will ensure they never feel alone
- To have hands that heal and a heart that hears
- To find joy in each day and value each patient encounter
- Remember why I chose this path
- To be selfless
- To see the person in front of me
- To listen to patients
- To see past the “what” of others and into the “why”
- To build strong, meaningful, genuine relationships with patients and fellow healers
- Above all else, to seek the good in all things and love the unlovable
- Remember the reasons for going into medicine
- Keep perspective and keep the important things important
- Strengthen my interpersonal skills and my ability to connect with each patient and be aware of their feelings, attitude and desires, knowing them as a person, and not a condition
- Be a compassionate, listening presence to each person I encounter so that they see their own worth and value reflected in my eyes
- To have the confidence to give my patients the care they deserve
- To understand the needs of my patients beyond a scientific understanding of their medical issues
- Show what I have learned
- To be more empathetic with my patients
- To stay grounded in my roots, and keep staying inspired to fight the good fight
- To overcome temptation
- Keep a smile through it all
- Known when I can’t handle something on my own so I can ask for help
- Be patient and present in every aspect of my life, personal or professional

Enable me…
- To care about others and want to build relationships by listening
- To recognize when I need to spend an extra moment with a patient
- To break through my selfishness to put others first

Give me…
- Strength to be selfless
- The confidence I need in order to become a great doctor
- The confidence that will make my patients confident in me
- The confidence to own my successes and failures, and not be embarrassed by them
ALLOW ME…
- To see the importance in the little things
- To create an environment in which my colleagues can be vulnerable enough to open up to me—to share their joys, their successes, their heartaches, and their grief
- To always make a difference in the people around me, and to encourage others to be their best version of themselves
- And allow my intellect to comprehend true pathology

SHOW ME…
- How to be the best healer I can be
- How to better my community while ensuring I am able to care for those closest to me
- How to deeply connect with all my patients
- The hands that need holding, the minds that need comfort, the hearts that need guiding

PLEASE…
- Provide me with the endurance to maintain my path in life to help others
- Point me in the right direction; continually remind me that people are good, that I am enough, and that healing is possible
- Lord, be my heart so that your love may overflow through me

INSPIRE ME…
- With the creative solutions to challenging problems

STRENGTHEN ME…
- To do what is right

AND MAY I…
- Remember the humanity with the science

"It is more important to know what sort of person has a disease than to know what sort of disease a person has."
- Hippocrates

Some patients recover, because they believe in Doctors
~Hippocrates~
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